

DANCE a3 PROGRAMS



a3's dynamic dance programs encourage all students to get active and have fun as they develop coordination, confidence and fitness in a safe and inclusive learning environment.



Dance Programs

What can you expect when a3 runs your dance program?

- A high energy and positive learning environment – encouraging all girls and boys to participate, regardless of dance experience
- Dynamic REDed (Raw Energy Dance Education) dance routines which are able to be learnt quickly and are easily memorised
- A range of dance styles which can include hip hop, jazz, funk, contemporary, swing, rock'n'roll, bush dancing and disco
- Development of core rhythm and coordination skills in all students
- Rapid development of confidence and presentation skills
- Excellent program and content design
- Experienced and engaging instructors

What else is possible?

- The opportunity to cover your school curriculum requirements in either PE/Health or the Arts
- Leave behind resources – instructional DVD and backing tracks
- Professional Development workshops for teachers
- Choreography and staging for school musicals and concerts

a3 – **Australian Arts Alive** is the second of two branches of the Australian School of Performing Arts which has been delivering high quality performing arts education since 1984. Our reputation has been founded on the highly successful Australian Girls Choir which now trains 5000 girls across the country. In the past six years a3 has delivered programs to more than 15,000 students and teachers from over 150 schools.



Contact us to organise a free demonstration in your school.

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